



Sacred Space Counseling
Hope · Healing · Freedom

Disclosure Statement

Seeking counseling can be a difficult task. It took courage for you to make that first call. I am glad you did and am honored to be joining you on this journey. Let me begin by telling you a little about who I am and what you can expect from me. I am a Licensed Professional Counselor with the state of Michigan. I received my BA in Psychology from the University of Maryland and my MA in Counseling from The Seattle School of Theology and Psychology. I have been trained in psychotherapy, Christian theology, culture, and the arts. My training has also included supervised clinical experience in a variety of mental health settings.

My practice is aimed at assisting clients toward hope, healing, and freedom. An important prerequisite for growing from our counseling time together will depend upon your willingness to deal honestly with the issue(s) that powerfully affect your life. The specific goals of treatment are determined by the specific needs of the client and those needs help to define the direction of therapy. Treatment typically ranges from four to eighteen months but sometimes shorter or longer periods of time are indicated. Sessions are generally scheduled once weekly, but may be scheduled more or less frequently. Treatment ends at a mutually agreed upon time.

I believe that certain issues can have biological components as well as psychological. I am not a physician and cannot prescribe medication. If medical treatment is needed, medical consultation will be advised. I am happy to work in cooperation with medical personnel towards your best interests.

The Michigan licensing board exists to insure clients and the public that the therapist is competent and ethical. Complaints regarding professional and/or ethical issues can be made by contacting: Michigan Department of Licensing and Regulatory Affairs, Health Professions Division, Enforcement Section PO Box 30670 Lansing, MI 48909 or you can call (517) 373-9196.

Jenna Deckert, M.A., LPC
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17214 Van Wagoner Rd.
Spring Lake, MI 49456
616-405-4733